



IMMIGRANT RESOURCE GUIDE



COUNTY OF SAN MATEO
OFFICE OF COMMUNITY AFFAIRS
IMMIGRANT SERVICES



COUNTY OF **SAN MATEO**
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IMMIGRANT SERVICES

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COUNTY OF **SAN MATEO**

May, 2023

Welcome to the third edition of the Immigrant Resource Guide. This handbook is created by the County of San Mateo's Office of Community Affairs (OCA). To view the online version, as well as more resources & events that serve the immigrant community, please visit www.SMCCommAffairs.org.

Finding an immigration lawyer, housing, a job and learning English are among the many challenges that immigrants face in our community. OCA is your first stop to find help. OCA is in touch with all of the services and resources available to our valued immigrant community.

COUNTY OF **SAN MATEO**
OFFICE OF COMMUNITY AFFAIRS
IMMIGRANT SERVICES

www.SMCCommAffairs.org
ImmigrantServices@smcgov.org
650-363-1800
📧 @smc_commaffairs

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CORE SERVICE AGENCIES

NORTH

Daly City Community Services Center **650-991-8007**
www.dcpartnership.org/daly-city-community-service-center
 350 90th Street, 1st Floor, Daly City CA 94015
 Core Service Agency serving Broadmoor, Colma and Daly City.

YMCA Community Resource Center **650-276-4101 Ext. 4**
www.ymcasf.org/crc
 1486 Huntington Avenue, Ste. 100, South San Francisco CA 94080
 Core Service Agency serving SSF, San Bruno and Brisbane.

CENTRAL

Samaritan House **650-341-4081**
www.samaritanhousesanmateo.org
 4031 Pacific Boulevard, San Mateo CA 94403
 Core Service Agency serving Belmont, Burlingame, Foster City,
 Hillsborough, Millbrae, San Carlos and San Mateo.

COAST

Coastside Hope **650-726-9071**
www.coastsidehope.org
 99 Ave Alhambra, #1089 El Granada CA 94018
 Core Service Agency serving El Granada, Half Moon Bay, Miramar,
 Montara and Moss Beach.

Pacifica Resource Center **650-738-7470**
www.pacresourcecenter.org
 1809 Palmetto Avenue, Pacifica CA 94044
 Core Service Agency serving Pacifica.

Puente **650-879-1691**
www.mypuente.org
 620 N Street, Pescadero CA 94060
 Core Service Agency serving La Honda, Loma Mar, Pescadero and San
 Gregorio.

SOUTH

Fair Oaks Community Center **650-780-7500**
 2600 Middlefield Road, Redwood City CA 94063
 Core Service Agency serving Atherton, North Fair Oaks, Portola Valley,
 Redwood City, Redwood Shores and Woodside.

Samaritan House South **650-294-4312**
www.samaritanhousesanmateo.org
 1836B Bay Road, East Palo Alto CA 94303
 Core Service Agency serving East Palo Alto and Menlo Park.

EMERGENCY/CRISIS INTERVENTION

24-HOUR EMERGENCY NUMBERS

988 Suicide and Crisis Lifeline **988**

Rapid Response Hotline – Faith in Action **203-666-4472**

www.faithinactionba.org

1780 Broadway Street, Redwood City, CA 94063

Report ICE activity and get help for urgent immigration issues.

24-Hour Crisis Line **650-692-7273**

Specially trained sexual assault counselors are available 24 hours a day, every day. Crisis line is free and callers may choose to remain anonymous.

211 Bay Area **211**

www.211bayarea.org

Connects Bay Area residents with health and human service programs and disaster preparedness in their local community.

Aging & Older Adults Emergency

and Advice Line **800-675-8437 or 844-868-0938**

Helps older adults, people with disabilities, dependent adults, and caregivers access the services they need to keep them safe. The Hotline is staffed by social workers and public health nurses.

California Youth Crisis Line **800-843-5200**

Provides crisis intervention counseling, youth-to-parent message service, phone connections to service providers and families, and referrals to youth in crisis and their families.

Child Protective Services **800-632-4615 or 650-595-7922**

Accepts reports about children age 17 or under who may be in danger due to abuse, abandonment, or exploitation.

Community Overcoming Relationship Abuse (CORA)

..... **800-300-1080**

Provides crisis intervention, counseling and civil legal services for survivors of domestic violence.

Heart and Soul's Peer Warm Line **650-231-2024**

Provides 24/7 instant access to one-on-one connection with mental health support specialists and mentors.

Mobile Support Services – Mateo Lodge

..... **650-368-3178 or 650-363-8125**

Provides 24/7 outreach support services by the Mobile Support team.

Addresses the immediate needs for crisis intervention, transportation, and homelessness or in danger of becoming homeless.

Parent Support Line **888-220-7575**

StarVista Crisis Intervention and Suicide Prevention Center

..... **800-273-8255 or 650-579-0350**

DISASTER RELIEF AND PREPAREDNESS

Listos California916-325-1630
www.listoscalifornia.org
Offers disaster preparedness guides in 6 languages.

Red Cross 650-259-1750
www.redcross.org
1710 Trousdale Drive, Burlingame CA 94010

San Mateo County Department of Emergency Management 650-363-4790
www.smcgov.org/ceo/smc-alert
501 Winslow Street, Redwood City CA 94063

INMATE AND POST-RELEASE SUPPORT

David Lewis Community Reentry Center650-853-3120
2277 University Avenue, East Palo Alto CA 94303

San Mateo County Jail Inmate Locator 650-363-4424
www.smc-inmatelocator.org/
Search information shown for arrested/in-custody persons with the San Mateo County Sheriff's Office.

Service Connect. 650-508-6745
www.smcgov.org/hsa/service-connect
550 Quarry Road 2nd Floor, San Carlos CA 94070
Services aimed at supporting former inmates as they re-enter the community.

Service League of San Mateo County 650-364-4664
www.serviceleague.org
727 Middlefield Road, Redwood City CA 94063
Provides a variety of services to inmates of the county jail, persons released from jail and their families.

VICTIM ASSISTANCE

Community Overcoming Relationship Abuse (CORA) 650-652-0800
www.corasupport.org
2211 Palm Avenue, San Mateo CA 94403
Provides support for survivors of domestic violence.

La Casa de las Madres
.....24-hour hotline: 877-503-1850 or text: 415-200-3575
www.lacasa.org
1269 Howard Street, San Francisco, CA 94103
Responds to calls for help from domestic violence survivors and provides crisis intervention, counseling, support groups, and shelter.

Rape Trauma Services 650-652-0598
www.rapetraumaservices.org
1860 El Camino Real #406, Burlingame CA 94010

Provides support for victims of sexual abuse and assault.

San Mateo County Human Trafficking Program 650-802-4296

www.stophumantraffickingsmc.org

Assists human trafficking victims and conducts training, education and outreach.

Victim Services 650-599-7479

www.smcgov.org/da/victim-services

400 County Center, 3rd Floor, Redwood City CA 94063

222 Paul Scannell Drive, 2nd Floor, San Mateo, CA 94402

1050 Mission Road, South San Francisco, CA 94080

Provides general emergency and ongoing assistance for victims of crimes.

**EMERGENCY SERVICES: FOOD,
SHELTERS & SERVICES FOR HOMELESSNESS**

FOOD DISTRIBUTION SITES AND FOOD RESOURCES

Second Harvest of Silicon Valley 1-800-984-3663

www.shfb.org/get-food

Provides multilingual referrals to free food pantries/groceries and soup kitchens. Provides CalFresh application assistance by phone or at community locations throughout the County. Mon.–Fri., 8:00 am–5:00pm. For a full list of distribution sites, hours and locations, please visit www.shfb.org/get-food.

Peninsula Volunteers Inc., Meals on Wheels 650-272-5000

www.1pvi.org

800 Middle Avenue, Menlo Park CA 94025

Delivers food to homebound seniors and adults with disabilities.

NORTH

Catholic Worker Hospitality House 650-827-0706

www.catholicworkerhospitalityhouse.org

555 West San Bruno Avenue, San Bruno CA 94066

Society of Saint Vincent de Paul – South San Francisco 650-589-9039

www.svdpsm.org

421 4th Lane, South San Francisco CA 94080

Provides hot meals, clothing, sleeping bags, bus tokens, laundry, and mail service to homeless and low-income individuals.

CENTRAL

One Life Market by One Life Counseling Center 650-394-5155

www.onelifecounselingcenter.com

1033 Laurel St, San Carlos CA 94070

Society of Saint Vincent de Paul – San Mateo 650-343-9251

www.svdpsm.org

50 N. B Street, San Mateo CA 94401

Provides hot meals, clothing, sleeping bags, bus tokens, laundry, and mail

service to homeless and low-income individuals.

COAST

Coastside Lutheran Church 650-726-9293

www.coastsidelutheran.net

900 Cabrillo Highway North, Half Moon Bay CA 94019

Provides free community breakfasts on certain days of the week.

Half Moon Bay Library 1-833-937-7625

www.smcl.org/locations/1H

620 Correas Street, Half Moon Bay CA 94019

Pacifica Resource Center (PRC) – Pantry 650-738-7470

www.pacificaresourcecenter.org

1809 Palmetto Ave, Pacifica CA 94044

Pie Ranch 650-879-0995

www.pieranch.org

2080 Green Oaks Way, Pescadero CA 94060

Provides nutrition and agriculture education.

The Heal Project 650-918-2422

www.thehealproject.org

Offers lessons on health, environment and agriculture at school sites and San Mateo County School Farm in Half Moon Bay.

SOUTH

East Palo Alto Library 1-833-937-7625

www.smcl.org/locations/1E/

2415 University Avenue, East Palo Alto CA 94303

Ecumenical Hunger Program 650-323-7781

www.ehpcares.org

2411 Pulgas Ave, East Palo Alto CA 94303

Provides food, clothing, furniture and other household essentials to individuals and families in need.

Fresh Approach 925-771-2990

www.freshapproach.org

Provides access to local, affordable produce and nutrition education.

North Fair Oaks Library 1-833-937-7625

www.smcl.org/locations/1N/

2510 Middlefield Road, Redwood City CA 94063

Nuestra Casa 650-330-7472

www.nuestracasa.org

2396 University Avenue, East Palo Alto CA 94303

Society of Saint Vincent de Paul – Redwood City (at Fair Oaks

Community Center) 650-780-7500

www.svdpsm.org

2600 Middlefield Rd, Redwood City CA 94063

Provides hot meals, clothing, sleeping bags, bus tokens, laundry, and mail service to homeless and low-income individuals.

St. Francis Center **650-365-7829**
www.stfrancisrwc.org
151 Buckingham Ave, Redwood City CA 94063

**SHELTERS, HOMELESS HELP CENTERS
AND TRANSITIONAL HOUSING**

Call your local core service agency to receive a referral to an emergency shelter with availability.

LifeMoves **650-685-5880**
www.lifemoves.org
Shelters operated throughout San Mateo County. Call Core Service Agency for referral.

Abundant Grace Coastside Worker **650-726-6621**
www.abundantgracecw.org
515 Kelly Avenue, Half Moon Bay CA 94019
Provides workforce development and employment for people experiencing homelessness.

Catholic Worker Hospitality House **650-827-0706**
www.catholicworkerhospitalityhouse.org
555 W San Bruno Avenue, San Bruno CA 94066

WeHOPE **650-330-8000**
www.wehope.org
1854 Bay Road, East Palo Alto CA 94303
24-hour facility that provides emergency and transitional housing for single men and women. Also operates Dignity on Wheels (mobile hygiene service), RV Safe Parking program, and Hope Health Mobile.

Redwood City Catholic Worker **650-366-4415**
www.rwdcw.wordpress.com
545 Cassia St, Redwood City CA 94063
Provides housing for day laborers and teens, as well as food assistance, language classes, and other services.

Safe Harbor Shelter **650-347-3648**
www.samaritanhousesanmateo.org/service/housing-services
295 N Access Road, South San Francisco CA 94080

Society of St. Vincent de Paul **650-343-4403**
www.svdpsm.org/programs/homeless-help-centers
Locations in San Mateo, South San Francisco and Redwood City (Fair Oaks Community Center).

SHELTERS FOR DOMESTIC VIOLENCE SURVIVORS

Community Overcoming Relationship Abuse (CORA) **650-652-0800**
www.corasupport.org
2211 Palm Ave. San Mateo CA 94403

La Casa de las Madres

..... 24-hour hotline: **877-503-1850** or text: **415-200-3575**
www.lacasa.org
1269 Howard Street, San Francisco, CA 94103
Responds to calls for help from domestic violence survivors and provides crisis intervention, counseling, support groups, and shelter.

SHELTERS FOR PEOPLE AFFECTED BY MENTAL ILLNESS

Spring Street Shelter **650-257-8822**
www.mhasmc.org
2686 Spring Street, Redwood City CA 94063

SHELTERS FOR YOUTH EXPERIENCING HOMELESSNESS

New Creation Home Ministries **650-321-3109**
www.newcreationhome.org
422 Hibiscus Court, East Palo Alto CA 94303
Provides parenting resources and supportive housing for at-risk mothers.

StarVista – Daybreak Shelter **650-364-4633**
www.star-vista.org/programs/daybreak
639 Douglas Ave, Redwood City CA 94063
Provides housing and independent living skills training program for homeless youth ages (16-21).

CHILDREN, TEENS, YOUTH & FAMILIES

CHILD CARE AND EARLY LEARNING

Child Care Coordinating Council of San Mateo County (4Cs) **650-517-1400**
www.sanmateo4cs.org
Quality care for infants, preschoolers, and school-age children.

Izzi Early Education (formerly IHSD Inc.) **650-578-3440**
www.izziearlyed.org
Offers a child and family development program for low-income families to serve children from 0-5 years of age and pregnant mothers. Locations across the county.

Peninsula Family Service **650-403-4300**
www.peninsulafamilyservice.org
Services include child development and education programs (0-5 years), as well as subsidized child care in numerous day care homes.

AbilityPath **650-259-8500**
www.abilitypath.org
350 Twin Dolphin Drive, Ste. 123, Redwood City CA 94065
Provides children's classes, therapy, early intervention and free developmental screenings. Also operates preschool in Burlingame.

Help Me Grow San Mateo County Call or text **650-762-6930**
www.helpmegrowsmc.org
Offers screenings and resources for child development (ages birth to five)

for families and child care providers.

SMC Family Childcare Organization **650-766-0869**
www.smcfamilychildcare.org
1534 Plaza Lane #268, Burlingame CA 94010
Provides support, mentorship and resources for family child care providers.

NORTH

Brisbane Recreation Department **415-508-2140**
www.brisbaneca.org/parksrec/page/preschool-age-programs
50 Park Place, Brisbane CA 94005
Offers a developmentally appropriate program to encourage, support, and develop the whole child.

South San Francisco Child Care **650-875-6900**
www.ssf.net/departments/parks-recreation/recreation-division/
child-care
Preschool and afterschool programs offered at several sites in South San Francisco.

CENTRAL

Palcare **650-340-1289**
www.palcare.org
945 California Drive, Burlingame CA 94010
Offers infant care and flexible scheduling for families with extended hours.

COAST

Coastside Child Development Center **650-726-7416**
www.coastsidecdc.org
565 Redondo Beach Road, Half Moon Bay CA 94019
Provides child care and education for children age 2 months to 5 years.

Coastside Children's Programs **650-726-7413**
www.coastsidechildren.org
Administers child care and provides educational activities through before-and after-school programs, preschool, as well as activities during the summer.

SOUTH

Sequoia Children's Center **650-369-5277**
www.sequoiachildren.org
1234 Brewster Avenue, Redwood City CA 94061
Offers child care and early education for infants through preschool, age 2 months - 6 years. Resources for Parents and Families

San Mateo County Health System – Family Health Services **650-573-2501**
www.smchealth.org/services-pregnancy-children-families
2000 Alameda de Las Pulgas #200, San Mateo CA 94403
Family support services for pregnant people and parents, including

education and links to community resources.

CARON650-599-9107

www.caronprogram.com

3121 Middlefield Rd, Redwood City CA 94063

Builds and maintains positive relationships with members of the community through a variety of community events and educational programs.

San Mateo County Child Support Services866-901-3212

www.smcgov.org/dcss

555 County Center, 2nd Floor, Redwood City CA 94063

Establishes and enforces child support orders.

StarVista – Child and Parent Services (CAPS)650-771-0788

www.star-vista.org/programs/child-and-parent-services

610 Elm Street, Ste. 212, San Carlos CA 94070

Offers therapy, family advocate-case management, parent education, parent support groups/workshops.

The Parent Project650-573-2714

www.smchealth.org/parentproject

A free, 12-week course that is offered in English and Spanish to anyone who cares for a child or adolescent.

NORTH

Our Second Home650-301-3300

www.dcpartnership.org/programs/our-second-home

725 Price Street, Daly City CA 94014

An early childhood family resource center. A Daly City Partnership program.

South San Francisco Mothers Club

www.ssfmothersclub.org

Provides support, information and friendship to parents in the community, and holds monthly meetings, play groups, and social events.

CENTRAL

First 5 San Mateo County650-372-9500

www.first5sanmateo.org

1700 S El Camino Real #405, San Mateo CA 94402

Family Resource Center by AbilityPath650-259-0189

www.smcfrc.org

1764 Marco Polo Way, Burlingame CA 94010

Provides support groups, parent mentors, resource library, warm line support, community outreach, IEP training, bilingual support and parent workshops.

Jewish Family and Children's Services – Center for Children and Youth650-658-3021

<https://ccy.jfcs.org>

2001 Winward Way, Ste. 200, San Mateo CA 94404

Provides support for parents and expecting parents, offers workshops and parenting classes, and clinical therapy for families.

SOUTH

Children's Health Council **650-326-5530**

www.chconline.org
1848 Bay Road, East Palo Alto CA 94303
Services for learning differences and mental health for children, teens and young adults.

Family Connections **669-237-8911**

www.familyconnections.org
414 Fourth Avenue, Redwood City CA 94063
2033 Pulgas Avenue, East Palo Alto CA 94303
Offers parent education, pre-school and mental health services for children and families.

Prenatal Advantage Black Infant Health Program . . . **650-363-7850**

www.smchealth.org/bih
2415 University Avenue, 2nd Floor, East Palo Alto CA 94303
Increases early prenatal care and connects Black families to resources, parenting support, mental health and wellness services and breast feeding education.

YOUTH ACTIVITIES AND EDUCATIONAL PROGRAMS

San Mateo County Office of Education – Educational Services **650-802-5300**

www.smcoe.org
101 Twin Dolphin Drive, Redwood City CA 94065

Boys and Girls Clubs of the Peninsula **650-646-6132**

www.bgcp.org
Provides afterschool activities, homework help, clubs, and academic advising at locations in Menlo Park, Redwood City, East Palo Alto, South San Francisco, Daly City, Atherton, Millbrae, San Mateo and Woodside.

CASA of San Mateo County **650-517-5840**

www.casaofsanmateo.org
330 Twin Dolphin Drive #139, Redwood City CA 94065
Pairs children in the foster care and juvenile justice systems with community volunteers who provide one-on-one support, mentoring and advocacy in the courtroom and beyond.

Fresh Lifelines for Youth (FLY) **408-263-2630**

www.flyprogram.org
330 Twin Dolphin Drive, Suite 109, Redwood City CA 94065
Serves youth who are currently, formerly, or at-risk of juvenile justice system involvement, including a law program, leadership training and reentry program.

Friends for Youth **650-368-4444**

www.friendsforyouth.org
3460 W Bayshore Rd Suite 203, Palo Alto CA 94303
One-on-one mentoring for youth ages 8-17 and group mentoring during the transition between middle school and high school.

Hispanic Foundation of Silicon Valley **408-216-7612**
www.hfsv.org
 Provides scholarships, leadership programs and youth & parent education for Latinos in the region.

P.I.E.F.E.S.T.
www.wearepiefest.org
 Engages children and youth by sharing educational, hands-on STEM activities, hosting STEM events and partnering with STEM programs.

San Mateo County Sheriff's Activities League (SAL) **650-257-3400**
www.sheriffsactivitiesleague.com
 3151 Edison Way, Redwood City CA 94063
 Strengthens relationships between youth, deputies, and communities to aid in the intervention and prevention of juvenile delinquency.

The Big Lift
www.thebiglift.org
 Programs from preschool to third grade to improve the development of San Mateo county students' reading proficiency level.

NORTH

After School Academic Programs (ASAP) **650-992-2446**
www.dcpartnership.org/programs/after-school-academic-programs/
 Small group literacy tutoring, homework help, and after school enrichment classes at schools in Daly City and South San Francisco. A Daly City Partnership program.

Edgewood Drop-in Center **650-832-6797**
www.edgewood.org/drop-in-centers
 931 W San Bruno Avenue, Ste. 2, San Bruno CA 94066
 Peer-led safe spaces providing free resources and basic needs for 18-25 year olds.

CENTRAL

Boy Scouts of America – Pacific Skyline Council **650-341-5633**
www.pacsky.org
 1150 Chess Drive, Foster City CA 94404
 Offers co-ed scouting programs for youth ages 5-20 years old.

Homework Central **650-343-3423**
www.smhwc.org
 300 East Santa Inez Ave, San Mateo CA 94401
 Partners with three San Mateo elementary schools to provide students with homework help Monday through Thursday.

Peninsula Family YMCA **650-286-9622**
www.ymcasf.org/peninsula
 1877 S Grant Street, San Mateo CA 94402
 Provides various wellness and sports programs, as well as afterschool and summer activities.

Redwood City Police Activities League (PAL) 650-556-1653

www.redwoodcitypal.org

3399 Bay Road, Redwood City CA 94063

Provides recreational, social and educational activities for Redwood City youth and their families.

San Mateo Police Activities League (PAL) 650-522-7725

www.sanmateopal.org

200 Franklin Parkway, 2nd Floor, San Mateo CA 94403

Provides recreational, social and educational activities for San Mateo youth and their families.

Youth Leadership Institute (YLI)

www.yli.org

1670 South Amphlett Boulevard, Ste. 250, San Mateo CA 94402

Offers youth programming in online platforms, alcohol prevention, mental health, and civic engagement.

COAST

Boys and Girls Club of the Coastsides 650-712-9710

www.bgccoastside.org

600 Church Street, Half Moon Bay CA 94019

Provides afterschool activities, homework help, clubs, and academic advising in Half Moon Bay.

Boys and Girls Clubs of North San Mateo County . . . 650-355-1334

www.theclubs.org

955 Yosemite Drive, Pacifica CA 94044

Provides afterschool activities, homework help, clubs, and academic advising in Pacifica.

SOUTH

Cañada College Upward Bound 650-306-3332

www.canadacollege.edu/upwardbound/index.php

4200 Farm Hill Boulevard, Bldg 5-230, Redwood City CA 94061

Assists low-income and potential first generation college bound high school students to prepare for college. Offers academic support and advising at Sequoia and Woodside High Schools.

CoolineKids Organization 650-850-1179

www.coolinekids.org

Provides camps and leadership development programs for children & youth in East Palo Alto.

Edgewood Drop-in Center 650-527-8211

www.edgewood.org/drop-in-centers

604 Price Avenue, Ste. A, Redwood City CA 94063

Peer-led safe spaces providing free resources and basic needs for 18-25 year olds.

EPACENTER 650-313-2626

<https://epacenter.org/>

1950 Bay Rd. East Palo Alto, 94303

Provides programming for youth in arts education classes, job training programs in creative fields, and ongoing socio-emotional support.

Generations United 650-352-3792
www.generations-united.com

Provides afterschool and other programming for youth in Redwood City and North Fair Oaks.

Girls to Women 650-326-6431 www.girlstowomen.org
Partners with families, youth development agencies, and schools to provide year-round programming for local girls in East Palo Alto.

Hope Horizon East Palo Alto (formerly Bayshore Christian Ministries) 650-327-1139
www.hopehorizonepa.org

1001 Beech Street, East Palo Alto 94303

Provides academic support, spiritual mentoring, and life skills to youth in elementary, middle school, and high school.

Lewis & Joan Platt East Palo Alto Family YMCA 650-328-9622
www.ymcasv.org

550 Bell Street, East Palo Alto CA 94303

Offers recreational, health and wellness programs. As well as youth and family activities.

Sequoia YMCA 650-368-4168
www.ymcasv.org

1445 Hudson Street, Redwood City CA 94061

Offers recreational, health and wellness programs. As well as youth and family activities.

Siena Youth Center

www.stfranciswc.org/services-programs/siena-youth-center/

2625 Marlborough Ave, Redwood City, CA 94063

Provides afterschool care for ages 10-17 and some weekend field trips.

Streetcode Academy 650-485-1413
www.streetcode.org

Teaches relevant, marketable skills in design, coding, and entrepreneurship for youth of color seeking entry to the tech world. Located in East Palo Alto.

Youth Community Service 650-858-8019
www.youthcommunityservice.org

780 Arastradero Road, Room V-14, Palo Alto CA 94306

Builds life skills and leadership through meaningful service learning experiences.

Youth United for Community Action (YUCA) 650-322-9165
www.youthunited.net

2135 Clarke Ave, East Palo Alto CA 94303

Helps young people of color work on environmental and social justice issues through community organizing.

COMMUNITY & CULTURAL RESOURCE CENTERS

At Home Humanitarian

www.athomehumanitarian.org

Provides outdoor and cultural adventures and experiences for refugees and immigrants and their families through adventure guide volunteers.

Pacific Islands Together

www.pitogether.com

1618 Sullivan Avenue #512, Daly City CA 94015

Provides and serves Pacific Islanders and the broader Bay Area

Community with arts, cultural preservation, and raising awareness in health and wellness.

San Mateo County AAPI Task Force

www.aapitaskforce.org

Network of local Asian American Pacific Islander-identified leaders that focuses on public safety & mental health, civic engagement, ethnic studies and economic development.

Taulama for Tongans 650-286-1500

<https://taulamafortongans.wixsite.com/tongans/home>

1650 S. Amphlett Blvd, Ste 105, San Mateo CA 94402

Increases awareness among Tongans and other Pacific Islanders of local health programs, resources, materials and services.

NORTH

Central American Resource Center (CARECEN) 415-642-4400

www.carecensf.org

3101 Mission Street, Ste. 101, San Francisco CA 94110

Pilipino Bayanihan Resource Center (PBRC) 650-992-9110

www.pilipinobayanihanresourcecenter.com

200 Northgate Ave, Daly City CA 94015

Collaborates, builds, and empowers the Filipino community by providing opportunities for Filipinos to reach their fullest potential, including martial arts classes and monthly legal clinics.

CENTRAL

Peninsula Jewish Community Center 650-212-7522

www.pjcc.org

800 Foster City Boulevard, Foster City CA 94404

San Mateo Japanese American Community Center . . . 650-343-2793

www.smjacc.org

415 S Claremont Street, San Mateo CA 94401

Serves as an information referral and drop-in center for the Japanese-speaking community.

Martin Luther King, Jr. Community Center & Pool . . . 650-522-7470

www.cityofsanmateo.org/716/

Martin-Luther-King-Community-Center-Pool

725 Monte Diablo Avenue, San Mateo CA 94401

COAST**ALAS – Ayudando Latinos a Soñar 650-560-8947**

www.alashmb.org

636 Purissima Street, Half Moon Bay CA 94019

Offers a variety of cultural & art programs as well as mental health services, wrap-around case management, immigration, education, and social justice advocacy.

SOUTH**Anamatangi Polynesian Voices 650-518-0745**

www.anamatangi.org

Supports the mental, physical, communal, and spiritual wellbeing of East Palo Alto Pacific Islander families.

Casa Circulo Cultural 650-304-2618

www.casacirculocultural.org

3090 Middlefield Road, Redwood City CA 94063

Offers a variety of fun, enriching, and engaging classes for kids and adults, including music, art, theater, dance, martial arts, chess, and more.

El Concilio of San Mateo County 650-373-1080

www.el-concilio.com

3180 Middlefield Road, Redwood City CA 94063

Fair Oaks Community Center 650-780-7500

2600 Middlefield Road, Redwood City CA 94063

One East Palo Alto 650-980-1809

www.1epa.org

2396 University Avenue, East Palo Alto CA 94303

Nuestra Casa 650-330-7472

www.nuestracasa.org

2396 University Avenue, East Palo Alto CA 94303

Provides workshops, promotora leadership development, parent education and leadership academies, food distribution, ESL classes, and advocacy.

Redwood City Together

www.rwctogether.org

1017 Middlefield Rd, Redwood City CA 94063

Offers programs for youth and families in Redwood City and North Fair Oaks.

MEDIATION/FACILITATION CENTER**Peninsula Conflict Resolution Center (PCRC). 650-513-0330**

www.pcrweb.org

1670 Amphlett Blvd #115, San Mateo CA 94402

Provides conflict mediation, facilitation, and trainings to schools, youth, families, community associations, organizations and more.

ADULT EDUCATION & ESL PROGRAMS

ACCEL (Adult-Education, College, Career, Educational Leadership) **650-558-2111**

www.newfuturesanmateo.com

789 E. Poplar Avenue, San Mateo CA 94401

An adult education consortium that supports the adult schools and community colleges with programs and referrals.

Upward Scholars **650-254-6109**

www.upwardscholars.org

855 Jefferson Ave, Box 506, Redwood City CA 94064

Provides adult immigrants academic and financial support to move up the economic ladder through education and career development.

ADULT SCHOOLS

Offers GED and high school diploma, ESL classes, work training, citizenship preparation classes and more.

Jefferson Adult School **650-550-7890**

www.juhsd.net/asd

699 Serramonte Boulevard #111, Daly City CA 94015

La Costa Adult School **650-712-7140**

<https://lcas.cabrillo.k12.ca.us>

498 Kelly Ave, Half Moon Bay CA 94019

San Mateo Adult School **650-558-2100**

www.sanmateoadulted.org

789 E Poplar Avenue, San Mateo CA 94401

Sequoia Adult School **650-306-8866**

www.seqsas.org

3247 Middlefield Road, Menlo Park CA 94025

South San Francisco Adult Education **650-827-8455**

<https://ssfae.ssfusd.org>

825 Southwood Drive, South San Francisco CA 94080

COMMUNITY COLLEGES

Cañada College **650-306-3100**

www.canadacollege.edu

4200 Farm Hill Boulevard, Redwood City CA 94061

College of San Mateo **650-574-6161**

www.collegeofsanmateo.edu

1700 W Hillsdale Boulevard, San Mateo CA 94402

Skyline College **650-738-4100**

www.skylinecollege.edu

3300 College Drive, San Bruno CA 94066

ESL, HIGH SCHOOL DIPLOMA & CITIZENSHIP SUPPORT

Community Learning – San Mateo County Libraries

.....650-323-0362

www.smcl.org

Locations across San Mateo County including East Palo Alto, Half Moon Bay and North Fair Oaks offer ESL, citizenship, and tutoring.

JobTrain 650-330-6429

www.jobtrainworks.org

Locations in Menlo Park, East Palo Alto and South San Francisco offer ESL and GED support.

NORTH

Community Learning Center & Project Read 650-877-8540

www.ssf.net/departments/library/services/literacy-services

520 Tamarack Lane, South San Francisco CA 94080

CENTRAL

Project Read – San Mateo Public Library650-522-7848

www.cityofsanmateo.org/927/Adult-Literacy

55 W. Third Avenue, San Mateo CA 94402

COAST

Coastside Hope650-726-9071

www.coastsidehope.org

99 Ave Alhambra, El Granada CA 94018

Puente 650-879-1691

www.mypuente.org

620 N Street, Pescadero CA 94060

SOUTH

Immigration Institute of the Bay Area (IIBA)650-780-7530

www.iibayarea.org

600 Allerton Street, Suite 101, Redwood City CA 94063

Multicultural Institute.....650-339-2794

www.mionline.org

533 Warrington Avenue, Redwood City CA 94063

Palo Alto Adult School650-329-3752

www.paadultschool.org

50 Embarcadero Road, Palo Alto CA 94301

Project READ – Redwood City Public Library..... 650-780-7077

www.projectreadredwoodcity.org

1044 Middlefield Road, 2nd Floor, Redwood City CA 94063

Rosalie Rendu Center650-473-9522

www.rosalie-rendu-center.org

2345 Pulgas Ave, East Palo Alto CA 94303

EMPLOYMENT & JOB TRAINING

CalJOBS **800-758-0398**

www.caljobs.ca.gov

State of California resource with training programs, employment tools and centers, job workshops or events, EDD resources, and other career related services.

San Mateo County Human Services – CalWORKs Employment Services **650-802-7500**

www.smcgov.org/hsa/calworks-employment-services

Provides employment and training services to current and former CalWORKS recipients.

San Mateo County Human Services – Vocational Rehabilitation Services (VRS)

www.smcgov.org/hsa/vocational-rehabilitation-services

Serves County residents with disabilities and other barriers to employment with vocational counseling, case management, job training and job placement.

Goodwill Industries of San Francisco, San Mateo, and Marin Counties, Inc. **415-575-2100**

www.sfgoodwill.org

Provides no-cost career support, jobs, and training programs.

Hope Services **408-284-2850**

www.hopeservices.org

Serves people with developmental disabilities and mental health needs. Offers day services, training and employment, community living, and mental health services to children, adults, and seniors across 6 counties.

Jobs for Youth **650-599-7215**

www.jobsforyouth.org

Helps youth ages 14-21 learn job preparation skills and apply for jobs. Offers scholarships.

NOVAworks Job Center **650-581-0058**

<https://www.novaworks.org>

1777 Borel Pl #500, San Mateo, CA 94402

Provides career advising, workshops and training to job seekers.

San Mateo County Community College District Workforce Connections **650-574-6550**

www.smccd.edu/workforce

Provides a centralized source of support for job seekers, small business owners and entrepreneurs, and employers seeking to hire new talent or upskill existing talent through training.

Tradeswomen, Inc. **510-891-1243**

www.tradeswomen.org

Conducts recruitment, retention and leadership development for women in blue-collar skilled craft.

NORTH**Chinese Newcomers Service Center 415-421-2111**

www.chinesenewcomers.org

777 Stockton Street, Ste. 104, San Francisco CA 94108

Provides job referrals, seminars, workshops, and other resources.

Employment Services Resource Center – Daly City . . . 650-301-8422

www.smcgov.org/hsa/resource-centers

271 92nd Street, Daly City CA 94015

Provides employment assistance free of charge to all members of the public.

Economic Advancement Center 650-829-4652

www.ssf.net/departments/economic-community-development/economic-development/community-development-block-grant/economic-advancement-center-eac

366 Grand Avenue, South San Francisco CA 94080

Service hub of resources and support for those looking to enhance a

career path, or start and grow a business. JobTrain and Renaissance

Entrepreneurship Center located on site.

Entrepreneurship Center located on site.

Pomeroy Recreation & Rehabilitation Center 415-665-4100

www.prrcsf.org

207 Skyline Blvd, San Francisco CA 94132

Provides recreational, vocational, and educational opportunities for people with disabilities.

Upwardly Global 415-834-9901

www.upwardlyglobal.org

47 Kearny Street, Suite 801, San Francisco CA 94108

Helps work-authorized, skilled immigrants rebuild their professional careers in the U.S.

CENTRAL**California Clubhouse. 650-539-3345**

www.californiaclubhouse.org

210 Industrial Road, Suite 102, San Carlos CA 94070

Provides opportunities for individuals with mental illness to develop on-the-job skills.

Caminar – Jobs Plus 650-393-8950

www.caminar.org/san-mateo

2600 S. El Camino Real, 2nd Floor, San Mateo CA 94403

Employment Services Resource Center – Belmont. . . 650-508-6791

www.smcgov.org/hsa/resource-centers

400 Harbor Boulevard, Building B, Belmont CA 94002

Provides employment assistance free of charge to all members of the public.

Samaritan House Worker Resource Center 650-344-1651

www.samaritanhousesanmateo.org

171 N Amphlett Blvd, San Mateo CA 94401

Provides day laborers a safe place to seek work from local employers.

Second Careers Employment Program 650-403-4300 x4385
www.peninsulafamilyservice.org/our-programs/employment-services/
scsep
24 Second Avenue, San Mateo CA 94401
Prepares adults age 55+ for employment through mock-interviews, vo-
cational counseling, goal planning, resume workshops, paid internships,
on-the-job-training, and employment referrals.

SOUTH

**Day Workers & Domestic Workers Program – Multicultural
Institute 650-339-2794**
www.mionline.org
533 Warrington Avenue, Redwood City CA 94063
Offers day laborers and domestic workers job placement, housing, work-
force training and educational opportunities.

**Employment Services Resource Center – Redwood
City 650-599-3826**
www.smcgov.org/hsa/resource-centers
2500 Middlefield Road, Redwood City CA 94063
Provides employment assistance free of charge to all members of the
public.

JobTrain – East Palo Alto 650-384-6961
www.jobtrainworks.org
2100 University Avenue, Suite C, East Palo Alto CA 94303
Provides job training to economically disadvantaged, unemployed, or
underemployed adults and youth.

JobTrain – Menlo Park 650-330-6429
www.jobtrainworks.org
1200 O'Brien Drive, Menlo Park CA 94025
Provides job training to economically disadvantaged, unemployed, or
underemployed adults and youth.

Renaissance Entrepreneurship Center 650-321-2193
www.rencenter.org
1848 Bay Road, East Palo Alto CA 94303
Supports small businesses with a range of services from training and
consulting, business incubation, access to capital, networking and special
programs.

Streetcode Academy 650-485-1413
www.streetcode.org
Teaches technology skills in design, coding, and entrepreneurship for
people of color seeking entry to the tech world. Located in East Palo Alto.

WeHOPE 650-330-8000
www.wehope.org
1854 Bay Rd, East Palo Alto CA 94303

FINANCIAL EDUCATION & ASSISTANCE

FINANCIAL AID AND SCHOLARSHIPS

Accion Opportunity Fund

..... English **888-720-3215** or Spanish **888-648-7859**

www.aofund.org

Offers loans and business coaching to small businesses. Supports ITIN-only borrowers.

Immigrants Rising

www.immigrantsrising.org

Offers information and support to empower undocumented youth to achieve education and career goals.

Jobs for Youth Al Tegliia Scholarship Program **650-599-7215**

www.jobsforyouth.org/scholarships

Scholarships to help students in San Mateo County earn an Associate or Bachelor's degree or vocational training certificate; open to all students ages 16-21 regardless of immigration status.

Hispanic Foundation of Silicon Valley **408-216-7612**

www.hfsv.org/latinos-in-technology-scholarship

Offers Latinos in Technology Scholarships.

Mission Asset Fund **888-274-4808**

www.missionassetfund.org

Provides financial education classes, establishes lending circles and offers no-interest loans for citizenship and DACA.

Peninsula College Fund **650-779-5000**

www.peninsulacollegefund.org

Supports low-income, first-generation college students with scholarships, mentoring, training and internships.

Peninsula Family Service – Financial

Empowerment **650-403-4300 x4105**

www.peninsulafamilyservice.org/our-programs/financial-empowerment

24 Second Avenue, San Mateo CA 94401

Offers affordable loans, lending circles, pre-paid debit cards and financial education.

Renaissance Entrepreneurship Center **650-321-2193**

www.rencenter.org

1848 Bay Road, East Palo Alto CA 94303

Supports small businesses with a range of services from training and consulting, business incubation, access to capital, networking and special programs.

Rotary Club of San Mateo – Four Year College Scholarship Program

www.rotaryclubofsanmateo.com/page/four-year-college-scholarships

Offers scholarships to students at Aragon, San Mateo, Serra, Hillsdale High Schools or College of San Mateo who will be attending a four-year university.

San Mateo County Community Colleges Foundation

..... 650-574-6229

<https://foundation.smccd.edu>

3401 CSM Drive, San Mateo CA 94402

Funds student scholarships to College of San Mateo, Skyline College, and Cañada College.

Silicon Valley Community Foundation. 650-458-2660

www.siliconvalleycf.org/scholarships

Offers a variety of scholarships to FAFSA eligible students, regardless of immigration status.

FINANCIAL EDUCATION

Consumer Financial Protection Bureau. 855-411-2372

www.consumerfinance.gov/consumer-tools

U.S. government agency that ensures consumers are treated fairly by banks, lenders and other financial institutions.

SAMCEDA. 650-413-5600

www.samceda.org

1900 O'Farrell Street, Suite 380, San Mateo CA 94403

An advocacy organization for San Mateo County businesses and economic development.

NORTH

Sparkpoint – Skyline College 650-738-7035

www.skylinecollege.edu/sparkpoint

3300 College Drive, Building 1, Room 1-214, San Bruno CA 94066

Provides financial education workshops, career services, and more.

CENTRAL

Samaritan House – Financial Empowerment

Program 650-347-3648

www.samaritanhousesanmateo.org/service/financial-empowerment

4031 Pacific Boulevard, San Mateo CA 94403

Provides financial coaching to build knowledge and ability to manage money and access financial services.

SparkPoint – College of San Mateo 650-378-7275

www.collegeofsanmateo.edu/sparkpoint

1700 W Hillsdale Boulevard, Building 17, Room 154, San Mateo CA 94108

Provides financial education workshops, career services, and more.

SOUTH

Able Works. 650-328-1890

www.able.is

101 Jefferson Dr, 1st Floor, Menlo Park CA 94025

Provides youth with 1:1 coaching, financial education and academic advising.

Sparkpoint – Cañada College 650-381-3550

www.canadacollege.edu/sparkpoint

4200 Farm Hill Boulevard, Bldg. 5, Room 5-202, Redwood City CA 94061
Provides financial education workshops, career services, and more.

HEALTH

CLINICS

Newcomers Health Program **628-206-8608**

www.sf-cairs.org/refugee-health-assessments

995 Potrero Avenue, 5th Floor, San Francisco CA 94110

Serves asylees, refugees, victims of trafficking, and humanitarian parolees by linking them to healthcare services which includes a full physical exam including labs and vaccines, and mental health assessments, referrals, and other resources.

San Mateo County Health System – Mobile Clinic . . . **650-573-2786**

www.smchealth.org/general-information/mobile-clinic

NORTH

North East Medical Services (NEMS) **650-550-3923**

www.nems.org

211 Eastmoor Avenue, Daly City CA 94015

Planned Parenthood – South San Francisco **877-855-7526**

www.plannedparenthood.org

435 Grand Ave, South San Francisco CA 94080

Offers health services, birth control, STD testing, abortion care, and emergency contraception.

RotaCare Northern Peninsula **650-515-6885**

www.rotacarebayarea.org/nopeninsula

380 90th Street, Daly City CA 94015

San Mateo Medical Center – Daly City Health Center **650-301-8600**

www.smchealth.org/san-mateo-medical-center

380 90th Street, Daly City CA 94015

San Mateo Medical Center – South San Francisco

Clinic **650-877-7070**

www.smchealth.org/san-mateo-medical-center

306 Spruce Avenue, South San Francisco CA 94080

CENTRAL

Planned Parenthood – San Mateo **650-235-7940**

www.plannedparenthood.org

29 Baywood Ave, San Mateo CA 94402

Offers health services, birth control, STD testing, abortion care, and emergency contraception.

Samaritan House – San Mateo Free Clinic **650-578-0400**

19 W 39th Avenue, San Mateo CA 94403

San Mateo Medical Center – Edison Clinic **650-573-2385**

222 West 39th Avenue, 1st Floor, San Mateo CA 94403

Offers outpatient medical care for people with HIV/AIDS in San Mateo

County.

UCSF San Mateo Primary and Specialty Care Clinic . 415-502-8950
www.ucsfhealth.org/clinics/san-mateo-primary-and-specialty-care
1100 Park Place, Suite 100, San Mateo CA 94403

COAST

RotaCare Coastside 650-573-3774
www.rotacarebayarea.org/coastside
225 S Cabrillo Highway Ste 100-A, Half Moon Bay CA 94019

San Mateo Medical Center – Coastside Clinic 650-573-3941
www.smchealth.org/san-mateo-medical-center
225 S Cabrillo Highway Ste 100-A, Half Moon Bay CA 94019

SOUTH

Arbor Free Clinic 650-724-1332
www.med.stanford.edu/arbor
114 Fifth Avenue, Redwood City CA 94063

Planned Parenthood – Redwood City 650-503-7810
www.plannedparenthood.org
2907 El Camino Real, Redwood City CA 94061
Offers health services, birth control, STD testing, abortion care, and emergency contraception.

Ravenswood Family Health Center 650-330-7400
www.ravenswoodfhn.org
1885 Bay Road, East Palo Alto CA 94303

Samaritan House – Redwood City Free Clinic 650-839-1447
114 Fifth Avenue, Redwood City CA 94063

San Mateo Medical Center – Fair Oaks Health Center 650-578-7141
www.smchealth.org/san-mateo-medical-center
2710 Middlefield Road, Redwood City CA 94063

DENTAL CLINICS

Children's Fund 650-802-5152
www.smcgov.org/childrendefund

HPSM Dental 650-616-0050
www.hpsm.org/member/hpsm-dental

San Mateo Medical Center – Dental Services 650-372-3200
www.smchealth.org/smmc-services-dental
Locations in Half Moon Bay, Daly City, North Fair Oaks, and San Mateo as well as a mobile clinic.

NORTH

UCSF Dental Center 415-476-1891
www.ucsf dentalcenter.org
707 Parnassus Avenue, San Francisco CA 94143

University of the Pacific School of Dentistry 415-929-6501
www.dental.pacific.edu/dental

155 5th Street, San Francisco CA 94013

CENTRAL

Samaritan House – San Mateo Free Clinic 650-578-0400

www.samaritanhousesanmateo.org/service/health-dental

19 W 39th Avenue, San Mateo 94403

Sonrisas Dental Health 650-727-3480

www.sonrisasdental.org

430 N El Camino Real, San Mateo CA 94401

COAST

Sonrisas Dental Health 650-726-2144

www.sonrisasdental.org

210 San Mateo Road #104, Half Moon Bay CA 94019

SOUTH

Ravenswood Family Dentistry 650-330-7400

www.ravenswoodfhn.org/service/dental

1807 Bay Road, East Palo Alto CA 94303

Samaritan House – Redwood City Free Clinic 650-839-1447

www.samaritanhousesanmateo.org/service/health-dental

114 Fifth Avenue, Redwood City CA 94063

HEALTH INSURANCE

Access and Care for Everyone (ACE) 650-616-2002

www.hpsm.org/member/ace

A locally funded health care program for low-income adults who do not qualify for other health insurance.

Breast and Cervical Cancer Treatment Program (BCCTP)

. 800-824-0088

www.dhcs.ca.gov/services/medi-cal/Pages/BCCTP.aspx

Provides cancer treatment benefits to eligible low-income California residents diagnosed with breast and/or cervical cancer.

Covered California 800-300-1506

www.coveredca.com

Connects Californians with brand-name health insurance under the Patient Protection and Affordable Care Act.

Family PACT 916-650-0414

www.familypact.org

Covers the family planning needs of California residents who are low income and who have no other source of coverage.

Health Plan of San Mateo 650-616-0050

www.hpsm.org

801 Gateway Boulevard #100, South San Francisco CA 94080

A local community-based health plan.

HICAP of San Mateo County 800-434-0222

www.hicapsanmateocounty.org

1710 S Amphlett Boulevard #100, San Mateo CA 94402

Free Medicare counseling. Assists seniors with Medicare billing, filing of claims and questions about supplemental and prescription drug plans.

Medi-Cal **800-223-8383**

www.smcgov.org/hsa/health-coverage

Check section “*PUBLIC BENEFITS*” for office locations.

California's version of Medicaid. A public health care program for California residents with low income and resources.

Medi-Cal Access Program (MCAP) **800-433-2611**

www.dhcs.ca.gov/services/medi-cal/eligibility/MCAP/Pages/Medi-CalAccessProgram.aspx

Comprehensive coverage for middle-income families who do not have health insurance and whose income is too high for no-cost Medi-Cal.

San Mateo County Health Coverage Unit (HCU) **650-616-2002**

www.smchcu.org

Enrollment application assistance with public health coverage programs such as Medi-Cal, Covered California, Access and Care for Everyone (ACE), and more.

HOSPITALS AND MEDICAL CENTERS

Dignity Health **844-728-7733**

www.dignityhealth.org

Locations across San Mateo County.

Kaiser Permanente. **1-800-464-4000**

www.kp.org

Locations across San Mateo County.

Sutter Health **800-493-1372**

www.sutterhealth.org

Locations across San Mateo County.

NORTH

AHMC Seton Medical Center **650-992-4000**

<https://setonmedicalcenter.com>

1900 Sullivan Avenue, Daly City CA 94015

CENTRAL

San Mateo Medical Center. **650-573-2222**

www.sanmateomedicalcenter.org

222 W. 39th Ave, San Mateo CA 94403

COAST

AHMC Seton Medical Center – Coastside **650-563-7100**

<https://setonmedicalcenter.com>

600 Marine Boulevard, Moss Beach CA 94038

SOUTH

Stanford Hospital **650-498-3333**

www.stanfordhealthcare.org

300 Pasteur Drive, Stanford CA 94305

MENTAL HEALTH CARE & RECOVERY SERVICES

San Mateo County Behavioral Health and Recovery Services (BHRS) **800-686-0101**

www.smchealth.org/bhrsservices

Provides information, assessment, referrals and treatment for mental health and substance use services.

San Mateo County Office of Consumer and Family Affairs **800-388-5189**

www.smchealth.org/ocfa

Helps clients of Behavioral Health & Recovery Services become more empowered and aware of services and community resources.

Edgewood **844-334-3411**

www.edgewood.org

Prevention and early intervention support, residential and day treatment program for youth and their families. Locations in South San Francisco, San Bruno, San Mateo and Redwood City.

Family Assertive Support Team (FAST) **650-368-3178**

www.smchealth.org/general-information/family-assertive-support-team-fast

In-home outreach service that offers assessment, consultation, and support services to adults experiencing a severe mental health problem and their designated family members.

StarVista **650-591-9623**

www.star-vista.org

Offers counseling, case management, skill development and crisis prevention programs.

NORTH

The Latino Commission **650-244-1444**

www.thelatinocommission.org

1001 Sneath Lane Suite 307, San Bruno CA 94066

Provides substance use disorder treatment and addiction recovery.

CENTRAL

Caminar **650-372-4080**

www.caminar.org

2600 S El Camino Real, Ste. 200, San Mateo CA 94403

Provides direct services for adults with mental illnesses that include housing, food, social programs, advocacy and networking.

Heart & Soul **650-232-7426**

www.heartandsoulinc.org

1633 Old Bayshore Hwy, Suite 258, Burlingame CA 94010

Offers counseling, self-help groups, mindfulness classes, and other mental health services for adults.

National Alliance on Mental Illness (NAMI) **650-638-0802**

www.namisanmateo.org

1730 South Amphlett Blvd, Suite 308, San Mateo CA 94402
Provides information on mental health services, educational programs,
and treatment programs for youth and their families.

One Life Counseling Center **650-394-5155**

www.onelifecounselingcenter.com

1033 Laurel St, San Carlos CA 94070

Provides free & low cost individual, group and school-based therapy.

Voices of Recovery San Mateo County **650-802-6552**

www.vorsmc.org

310 Harbor Blvd., Belmont, CA 94002

Peer-led education, wellness, advocacy and support services for individuals seeking long-term recovery from alcohol and other drugs.

COAST

El Centro de Libertad / The Freedom Center **650-599-9955**

www.elcentrodelibertad.org

225 Cabrillo Highway S, Half Moon Bay CA 94019

Offers culturally competent drug and alcohol services and adult & youth intervention programs.

SOUTH

Adolescent Counseling Services **650-424-0852**

www.acs-teens.org

643 Bair Island Road, Suite 402, Redwood City CA 94063

Provides therapy, substance abuse treatment, support groups, and education for youth.

Children's Health Council **650-326-5530**

www.chconline.org

1848 Bay Road, East Palo Alto CA 94303

Services for learning differences and mental health for children, teens and young adults.

El Centro de Libertad / The Freedom Center **650-599-9955**

www.elcentrodelibertad.org

500 Allerton St, 2nd Floor, Redwood City CA 94063

Offers culturally competent drug and alcohol services and adult & youth intervention programs.

Free at Last **650-462-6999**

www.freeatlast.org

1796 Bay Rd, East Palo Alto CA 94303

Community recovery center for substance abuse treatment, intervention and prevention services.

Kara **650-321-5272**

www.kara-grief.org

457 Kingsley Avenue, Palo Alto CA 94301

Provides grief support and counseling for children, teens, families, and adults.

Mental Health Association of San Mateo County 650-368-3345

www.mhasmc.org

2686 Spring Street, Redwood City CA 94063

Provides direct support to adults who have mental illness, HIV/AIDS or a co-occurring disorder by providing stable housing and supportive services.

Una Vida Counseling Center 650-394-5155

www.onelifecounselingcenter.com

525 Veterans Blvd, Redwood City CA 94063

Mental health services targeted for the Latinx community.

Voices of Recovery San Mateo County 650-289-7670

www.vorsmc.org

1842 Bay Rd, East Palo Alto CA 94303

Peer-led education, wellness, advocacy and support services for individuals seeking long-term recovery from alcohol and other drugs.

YOUTH HEALTH SERVICES**California Children's Services (CCS) 650-616-2500**

801 Gateway Blvd, Suite 400, South San Francisco CA 94080

Helps children and young adults up to 21 years old who have certain medical conditions.

Child Health and Disability Prevention Program**(CHDP) 650-573-2877**

www.smchealth.org/health-exams

2000 Alameda de las Pulgas, Ste. 210, San Mateo CA 94403

NORTH**San Mateo Medical Center – Daly City Youth Health****Center 650-877-5700**

www.dcyouth.org

350 90th Street, 3rd Floor, Daly City CA 94015

CENTRAL**San Mateo Medical Center – Pediatric Clinic 650-573-3702**

www.smchealth.org/location/pediatric-clinic

222 W 39th Avenue, 3rd Floor, San Mateo CA 94403

SOUTH**Lucile Packard Children's Hospital Stanford 650-497-8000**

www.stanfordchildrens.org

725 Welch Road, Palo Alto CA 94304

San Mateo Medical Center – Sequoia Teen Wellness**Center 650-366-2927**

www.smchealth.org/location/sequoia-teen-wellness-center

200 James Ave, Redwood City CA 94062

HEALTH SUPPORT SERVICES

- Bay Area Community Health Advisory Council (BACHAC)** 650-652-3884
www.bachac.org
 749 Brewster Avenue, Redwood City CA 94063
 Increases awareness of reducing health concerns that disproportionately affect communities of color.
- Golden Gate Regional Center** 650-574-9232
www.ggrc.org
 3130 La Selva Street, Suite 202, San Mateo CA 94403
 Provides services and supports to individuals with developmental disabilities.
- In-Home Support Services** 800-675-8437
www.smchealth.org/home-supportive-services
 Provides homecare services to Medi-Cal eligible aged, blind or individuals with disabilities, including children, to assist them to remain safely in their own homes.
- Umoja Health** 888-763-0007
www.umojahealth.org
 Addresses health-related needs of underserved communities of color in the Bay Area.

HOUSING RESOURCES

- Abode Services** 510-657-7409
www.abodeservices.org
 Assists low-income, unhoused people, including those with special needs, to secure stable and supportive housing.
- EPA CAN DO** 650-473-9838
www.epacando.org
 2369 University Avenue, East Palo Alto CA 94303
 Provides educational workshops and counseling in the area of home buying, credit and budgeting for East Palo Alto residents.
- Habitat for Humanity Greater San Francisco** 415-625-1000
www.habitatgsf.org
 300 Montgomery Street, Suite 450 San Francisco CA 94104
 Helps with affordable homeownership and home repairs.
- HEART of San Mateo County** 650-204-5640
www.heartofsmc.org
 2905 S. El Camino Real, San Mateo CA 94403
 Offers first-time homebuyer loans and ADU assistance.
- HIP Housing (Human Investment Project)** 650-348-6660
www.hiphousing.org
 800 South Claremont Street, #210, San Mateo CA 94402
 Homesharing program that matches individuals with a home or apartment to share with those seeking housing. Also provides case

management and supportive services.

Housing Industry Foundation 650-437-2980

www.hifinfo.org

3460 W Bayshore Rd, Suite 101, Palo Alto CA 94303

Helps individuals and families remain in or return to stable housing through homeless prevention programs including emergency assistance grants.

MidPen Housing 650-356-2900

www.midpen-housing.org

303 Vintage Park Drive #250, Foster City CA 94404

Manages and develops low-income subsidized housing.

Project Sentinel 800-339-6043

www.housing.org

1615 Hudson Street A, Redwood City CA 94061

Offers counseling, investigations and legal referrals to persons who believe they have experienced housing discrimination, as well as homebuyer education.

San Mateo County Department of Housing – Housing and Community Development 650-802-5050

www.smchousing.org

264 Harbor Boulevard, Belmont CA 94002

Facilitates the development and preservation of affordable housing.

San Mateo County Department of Housing – Housing Authority 650-802-3300

www.smchousing.org

264 Harbor Boulevard, Belmont CA 94002

Provides rental subsidies for low-income residents.

LEGAL SERVICES

CRIMINAL LAW SERVICES

Center on Juvenile and Criminal Justice 415-621-5661

www.cjcj.org

424 Guerrero Street, Ste. A, San Francisco CA 94110

Offers criminal and juvenile justice services.

Community Legal Services in East Palo Alto (CLSEPA) 650-326-6440

www.clsepa.org

1861 Bay Road, East Palo Alto CA 94303

Provides criminal record clearance for reentering adults and juveniles.

San Mateo County Private Defender Program 650-298-4000

www.pdpsmcba.org

333 Bradford Street #200, Redwood City CA 94063

Represents all individuals financially eligible for counsel.

Stanford Community Law Clinic 650-725-9200

www.law.stanford.edu/community-law-clinic

2275 E. Bayshore Rd, Suite 100, East Palo Alto CA 94303
Represents low-income clients in three areas of civil law: housing matters, social security & disability benefits, and criminal record expungement.

EMPLOYMENT LEGAL SERVICES

Advancing Justice – Asian Law Caucus **415-896-1701**
www.advancingjustice-alc.org
55 Columbus Ave, San Francisco CA 94111
Provides legal services for issues related to housing, employment, voting and immigrant rights for the Asian American and Pacific Islander community.

Bay Area Legal Aid **650-358-0745**
www.baylegal.org
1048 El Camino Real, Suite A, Redwood City CA 94063
Represents individuals and families appealing unlawful terminations and wrongful denials of public benefits and offers consumer protection representation.

Community Legal Services in East Palo Alto (CLSEPA) **650-326-6440**
www.clsepa.org
1861 Bay Road, East Palo Alto CA 94303
Educates workers about their protections and helps them resolve disputes regarding wage theft or discrimination.

Equal Right Advocates **800-839-4372**
www.equalrights.org
611 Mission St, 4th Floor, San Francisco CA 94105
Provides free legal advice for gender-based discrimination and employment-related issues.

Instituto Laboral de la Raza **415-431-7522**
www.ilaboral.org
2947 16th Street, San Francisco CA 94103
Provides legal counseling for low-wage workers in areas of employment, unemployment, wage claims, worker's compensation, and labor-related problems.

La Raza Centro Legal **415-575-3500**
www.lrlc.org
474 Valencia Street #295, San Francisco CA 94103
Provides bilingual services in the areas of immigration law, fair housing, workers' rights and senior law.

Legal Aid at Work **415-864-8848**
www.legalaidatwork.org
180 Montgomery Street, San Francisco CA 94104
Provides information, advocacy, counseling and legal services on employment-related issues to low-income individuals.

HOUSING LEGAL SERVICES

Advancing Justice – Asian Law Caucus415-896-1701

www.advancingjustice-alc.org

55 Columbus Ave, San Francisco CA 94111

Provides legal services for issues related to housing, employment, voting and immigrant rights for the Asian American and Pacific Islander community.

Asian Pacific Islander Legal Outreach (APILO)415-567-6255

www.apilegaloutreach.org

1121 Mission Street, San Francisco CA 94103

Provides eviction defense and foreclosure prevention.

Bay Area Legal Aid650-358-0745

www.baylegal.org

1048 El Camino Real, Suite A, Redwood City CA 94063

Helps low-income tenants obtain legal assistance for housing matters.

Community Legal Services in East Palo Alto

(CLSEPA) 650-326-6440

www.clsepa.org

1861 Bay Road, East Palo Alto CA 94303

Offers legal assistance on issues such as tenants' rights, immigration services and predatory lending.

Legal Aid Society of San Mateo County 650-558-0915

www.legalaidsmc.org

330 Twin Dolphin Drive, Suite 123, Redwood City, CA 94065

Offers help for survivors of domestic violence and tenants, assistance accessing healthcare and special education services, and provides immigration legal services.

La Raza Centro Legal415-575-3500

www.lrcl.org

474 Valencia Street #295, San Francisco CA 94103

Provides bilingual services in the areas of immigration law, fair housing, worker's rights and senior law.

Stanford Community Law Clinic650-725-9200

www.law.stanford.edu/community-law-clinic

2275 E. Bayshore Rd., Suite 100, East Palo Alto CA 94303

Represents low-income clients in three areas of civil law: housing matters, social security & disability benefits, and criminal record expungement.

IMMIGRATION SERVICES

United States Citizenship and Immigration Services

(USCIS)800-375-5283

www.uscis.gov

The federal agency that oversees lawful immigration to the United States. Offers citizenship, immigration of family members, working in the U.S., humanitarian programs and more.

International Rescue Committee (IRC) 408-277-0255

www.rescue.org

Provides help for refugees, asylees, victims of human trafficking, survivors of torture, and other immigrants.

Black Alliance for Just Immigration (BAJI) 347-464-5422

www.baji.org

Educates and engages African American and black immigrant communities to organize and advocate for racial, social and economic justice.

California Immigrant Policy Center (CIPC) 510-488-3544

www.caimmigrant.org

Advocates for government policies that uphold the humanity of immigrants and refugees.

Legal Aid Society of San Mateo County 650-558-0915

www.legalaidsmc.org

330 Twin Dolphin Drive, Suite 123, Redwood City, CA 94065

Offers help for survivors of domestic violence and tenants, assistance accessing healthcare and special education services, and provides immigration legal services.

Oasis Legal Services 510-666-6687

www.oasislegalservices.org

Provides legal immigration services to LGBTQIA+ communities.

Social Justice Collaborative 510-992-3964

www.socialjusticecollaborative.org

Provides low-income immigrants, asylum seekers, unaccompanied children, young dreamers, and displaced families with direct legal services.

Tahirih Justice Center 650-270-2100

www.tahirih.org

Provides free legal and social services to immigrant women and girls fleeing violence.

NORTH

Advancing Justice – Asian Law Caucus 415-896-1701

www.advancingjustice-alc.org

55 Columbus Ave, San Francisco CA 94111

Provides legal services for issues related to housing, employment, voting and immigrant rights for the Asian American and Pacific Islander community.

African Advocacy Network (AAN) 415-503-1032

www.aansf.org

3106 Folsom Street, San Francisco CA 94110

Social and immigration legal service provider for African and Afro-Caribbean immigrants.

Asian Pacific Islander Legal Outreach (APILO) 415-567-6255

www.apilegaloutreach.org

1121 Mission Street, San Francisco CA 94103

Focused in the areas of violence against women/family law, immigration

and immigrant rights, the rights of those with disabilities, affordable housing preservation and tenants' rights, and other social justice issues.

CARECEN SF 415-642-4400

www.carecensf.org
 3101 Mission Street, Suite 101, San Francisco CA 94110
 Provides low-cost and free immigration legal services to low-income Latino immigrants.

Immigration Center for Women and Children

(ICWC) 415-728-0420

www.icwclaw.org
 381 Bush Street, Suite 800, San Francisco CA 94104
 Provides immigration legal services (U and T Visas, VAWA, and SIJS) to immigrants who are victims of crimes.

La Raza Centro Legal 415-575-3500

www.lrcl.org
 474 Valencia Street #295, San Francisco CA 94103
 Provides bilingual services in the areas of immigration law, fair housing, worker's rights and senior law.

Pangea Legal Services 415-254-0475

www.pangealegal.org
 391 Sutter St, Suite 500, San Francisco, CA 94108
 Provides legal services to clients who are in removal proceedings and are at risk of deportation or revocation of legal status.

CENTRAL

Catholic Charities 650-295-2160

www.catholiccharitiessf.org
 36 37th Avenue, San Mateo CA 94403
 Provides comprehensive immigration legal services both before U.S. Citizenship & Immigration Services (USCIS) and the immigration court.

COAST

ALAS – Ayudando Latinos a Soñar 650-560-8947

www.alashmb.org
 636 Purissima Street, Half Moon Bay CA 94019
 Offers free immigration legal consultations.

Coastside Hope 650-726-9071 x229

www.coastsidehope.org
 99 Ave Alhambra, El Granada CA 94018
 Assists in filing for various immigration benefits.

SOUTH

Bay Area Legal Aid 650-358-0745

www.baylegal.org
 1048 El Camino Real, Suite A, Redwood City CA 94063
 Provides comprehensive legal services to immigrant survivors of domestic violence and sexual assault.

Council on American-Islamic Relations (CAIR) **408-986-9874**
<https://ca.cair.com/sfba>
3160 De La Cruz Blvd, Suite 110, Santa Clara, CA 95054
Provides outreach and education for American Muslims about their rights, youth empowerment, advocacy and legal services.

Community Legal Services in East Palo Alto (CLSEPA) **650-326-6440**
www.clsepa.org
1861 Bay Road, East Palo Alto CA 94303
Offers legal assistance on issues such as tenants' rights, immigration services and predatory lending.

Immigration Institute of the Bay Area (IIBA) **650-780-7530**
www.iibayarea.org
600 Allerton Street, Suite 101, Redwood City CA 94063
Provides legal immigration services, education and civic engagement opportunities.

Stanford Immigrants' Rights Clinic **650-724-9068**
www.law.stanford.edu/immigrants-rights-clinic
559 Nathan Abbott Way, Stanford CA 94305
Protects the rights of noncitizens through advocacy, direct legal services, and partnerships with community organizations.

LEGAL SERVICE REFERRAL NETWORKS

California Bar Association **800-843-9053**
www.calbar.ca.gov
Offers help filing a complaint against unethical legal practices.

Lawyer's Committee for Civil Rights of the San Francisco Bay Area **415-543-9444**
www.lccrsf.org
131 Steuart Street, Suite 400, San Francisco CA 94105
Offers virtual legal clinics to provide information for any type of legal question. Also provides legal advice and referrals for entrepreneurs, immigration asylum legal services, police violence legal support and childcare legal support.

San Mateo County Bar Association – Lawyer Referral Service **650-369-4149**
www.smcba.org/for-the-public/find-a-lawyer
333 Bradford Street, 2nd Floor, Redwood City CA 94063
Provides referrals to local attorneys.

San Mateo County Law Library **650-363-4913**
www.smclawlibrary.org
710 Hamilton Street, Redwood City CA 94063
Contains legal help resources and offers legal clinics and events.

BAY AREA CONSULATES

For a complete list of Bay Area consulates,
please visit www.smcgov.org/ceo/community-resources

- Brazil** 415-981-8170
www.gov.br/mre/pt-br/consulado-sao-francisco
 300 Montgomery St, Suite 300, San Francisco CA 94104
- Canada** 415-834-3180
www.international.gc.ca/country-pays/us-eu/san_francisco.aspx?lang=eng
 580 California St, 14th Floor, San Francisco CA 94104
- China** 415-919-6008
<http://sanfrancisco.china-consulate.gov.cn>
 1450 Laguna Street, San Francisco CA 94115
- Colombia** 415-495-7195
<https://sanfrancisco.consulado.gov.co>
 456 Montgomery Street, Suite 400, San Francisco CA 94104
- El Salvador** 415-771-8524
www.elsalvadorsf.org
 507 Polk Street, Suite 280 San Francisco CA 94102
- Guatemala** 415-563-8319
www.consulguatesfo.com
 659 A Merchant Street, San Francisco CA 94111
- Honduras** 415-528-6231
citaconsular.sreci.gob.hn
 1700 California St, Suite 460 San Francisco CA 94109
- India** 415-668-0662
www.cgisf.gov.in
 540 Arguello Boulevard, San Francisco CA 94118
- Japan** 415-780-6000
www.sf.us.emb-japan.go.jp
 275 Battery Street, Suite 2100, San Francisco CA 94111
- Mexico** 415-354 1700
<https://consulmex.sre.gob.mx/sanfrancisco>
 532 Folsom Street, San Francisco CA 94105
- Nicaragua** 415-765-6821
 870 Market Street, Suite 518, San Francisco CA 94102
- Peru** 415-362-5185
www.consulado.pe/es/SanFrancisco
 870 Market Street, Suite 1075, San Francisco CA 94102
- Philippines** 415-433-6666
www.pcg-sanfrancisco.org
 447 Sutter Street 6th Floor, San Francisco CA 94108

- Singapore** 415-543-4775
www.mfa.gov.sg/sanfrancisco
 595 Market Street Suite 2450, San Francisco, CA 94105
- South Korea** 415-921-2251
<https://overseas.mofa.go.kr/us-sanfrancisco-ko/index.do>
 3500 Clay Street, San Francisco CA 94118
- Tonga** 650-685-1001
www.tongaconsul.com
 1350 Old Bayshore Hwy, Suite 610, Burlingame CA 94010
- Ukraine** 415-398-0240
<https://san-francisco.mfa.gov.ua>
 530 Bush Street, Suite 402, San Francisco CA 94108
- Uruguay** 415-872-7566
 111 Pine St, Suite 1650, San Francisco CA 94111
- Vietnam** 415-922-1707
www.vietnamconsulate-sf.org
 1700 California Street, Suite 580, San Francisco CA 94109

LGBTQ+ SERVICES

- LGBT National Help Center & Hotline** 888-843-4564
www.lgbthotline.org
 Resources and hotline for the Lesbian, Gay, Bisexual, Transgender, Queer or Questioning, Intersex, Asexual, +Plus community.
- *LGBT National Youth Talkline** 800-246-7743
- *LGBT National Senior Hotline** 888-688-5428
- *LGBT National Coming Out Support Hotline** 888-688-5428
- San Mateo County Pride Center** 650-591-0133
www.sanmateopride.org
 1021 S El Camino Real, San Mateo CA 94402
 Offers case management, crisis intervention, mental health services, peer groups and events for the LGBTQ+ community.
- Community United Against Violence (CUAV)** 415-777-5500
www.cuav.org
 427 S Van Ness Ave, San Francisco, CA 94103
 Supports the healing of Lesbian, Gay, Bisexual, Transgender, and Queer people that have experienced violence and abuse.
- Outlet** 650-424-0852 x107
<https://www.acs-teens.org/what-we-do/outlet/>
 1779 Woodside Road, Suite 200, Redwood City, CA 94061
 Provides safe and accepting spaces for LGBTQIA+ youth through peer support groups, education, and advocacy.
- Sage LGBTQ+ Elder Hotline** 1-877-360-5428
www.sageusa.org
 Connects LGBTQ+ older people with responders. Available 24/7.

The Trevor Project **1-866-488-7386** or text **678-678**
www.thetrevorproject.org
 Provides information and support to LGBTQ young people 24/7.

LIBRARIES

NORTH

Daly City – Bayshore **650-991-8074**
www.dalycity.org/211/Library
 460 Martin Street, Daly City CA 94014

Daly City – John Daly **650-991-8073**
www.dalycity.org/211/Library
 134 Hillside Boulevard, Daly City CA 94014

Daly City – Serramonte Main Library **650-991-8023**
www.dalycity.org/211/Library
 40 Wembley Drive, Daly City CA 94015

Daly City – Westlake **650-991-8071**
www.dalycity.org/211/Library
 275 Southgate Avenue, Daly City CA 94015

South San Francisco **650-829-3860**
www.ssf.net/departments/library
 840 W Orange Avenue, South San Francisco CA 94080

South San Francisco – Grand Avenue **650-877-8530**
www.ssf.net/departments/library
 306 Walnut Avenue, South San Francisco CA 94080

CENTRAL

Belmont Call **1-833-937-7625** or text **650-851-0147**
www.smcl.org
 1110 Alameda de las Pulgas, Belmont CA 94002

Bookmobile Call **1-833-937-7625** or text **650-851-0147**
www.smcl.org/mobile-services/bookmobile

Brisbane Call **1-833-937-7625** or text **650-851-0147**
www.smcl.org
 163 Visitation Avenue, Brisbane CA 94005

Burlingame **650-558-7400**
www.burlingame.org/library
 480 Primrose Road, Burlingame CA 94010

Foster City Call **1-833-937-7625** or text **650-851-0147**
www.smcl.org
 1000 E Hillsdale Boulevard, Foster City CA 94404

Millbrae Call **1-833-937-7625** or text **650-851-0147**
www.smcl.org
 1 Library Avenue, Millbrae CA 94030

- Redwood Shores** 650-780-5740
www.redwoodcity.org/departments/library
 399 Marine Parkway, Redwood City CA 94065
- San Bruno** 650-616-7078
www.sanbruno.ca.gov/342/Library
 701 Angus Ave W, San Bruno CA 94066
- San Carlos** Call 1-833-937-7625 or text 650-851-0147
www.smcl.org
 610 Elm Street, San Carlos CA 94070
- San Mateo** 650-522-7880
www.cityofsanmateo.org/516
 55 West 3rd Avenue, San Mateo CA 94402
- San Mateo – Hillsdale** 650-522-7882
www.cityofsanmateo.org/516
 205 W. Hillsdale Blvd. San Mateo CA 94403
- San Mateo – Marina** 650-522-7892
www.cityofsanmateo.org/516
 1530 Susan Court, San Mateo CA 94403

COAST

- Half Moon Bay** Call 1-833-937-7625 or text 650-851-0147
www.smcl.org
 620 Correas Street, Half Moon Bay CA 94019
- Pacifica** Call 1-833-937-7625 or text 650-851-0147
www.smcl.org
 104 Hilton Way, Pacifica CA 94044

SOUTH

- Atherton** Call 1-833-937-7625 or text 650-851-0147
www.smcl.org
 2 Dinkelspiel Station Lane, Atherton CA 94027
- East Palo Alto** Call 1-833-937-7625 or text 650-851-0147
www.smcl.org
 2415 University Avenue, East Palo Alto CA 94303
- Menlo Park** 650-330-2500
www.menlopark.gov/Government/Departments/Library-and-Community-Services/Library
 800 Alma Street, Menlo Park CA 94025
- Menlo Park – Belle Haven** 650-330-2540
www.menlopark.gov/Government/Departments/Library-and-Community-Services/Library
 413 Ivy Drive, Menlo Park CA 94025
- North Fair Oaks** Call 1-833-937-7625 or text 650-851-0147
www.smcl.org
 2510 Middlefield Road, Redwood City CA 94063

Portola Valley Call **1-833-937-7625** or text **650-851-0147**
www.smcl.org
 765 Portola Road, Portola Valley CA 94028

Redwood City **650-780-7018**
www.redwoodcity.org/departments/library
 1044 Middlefield Road, Redwood City CA 94063

Redwood City – Schaberg **650-780-7010**
www.redwoodcity.org/departments/library
 2140 Euclid Avenue, Redwood City CA 94061

Woodside Call **1-833-937-7625** or text **650-851-0147**
www.smcl.org
 3140 Woodside Road, Woodside CA 94062

PARKS & RECREATION DEPARTMENTS

Offer youth activities, adult & senior programs, recreational classes, athletics, and parks/facilities reservations.

San Mateo County Parks **650-363-4020**
www.smcgov.org/parks
 455 County Center, 4th Floor, Redwood City CA 94063

NORTH

Brisbane Parks and Recreation **415-508-2140**
www.brisbaneca.org/parksrec
 50 Park Place, Brisbane CA 94005

Colma Recreation Services **650-985-5678**
www.colma.ca.gov/departments/parks-recreation
 1520 Hillsdale Boulevard, Colma CA 94014

Daly City Recreation Services **650-991-8001**
www.dalycity.org/327
 111 Lake Merced Boulevard, Daly City CA 94015

South San Francisco Parks and Recreation **650-829-3800**
www.ssf.net/departments/parks-recreation
 33 Arroyo Drive, South San Francisco CA 94080

CENTRAL

Belmont Parks and Recreation **650-595-7441**
www.belmont.gov/departments/parks-and-recreation
 30 Twin Pines Lane, Belmont CA 94002

Burlingame Parks and Recreation **650-558-7300**
www.burlingame.org/parksandrec
 850 Burlingame Avenue, Burlingame CA 94010

Foster City Parks and Recreation **650-286-3380**
www.fostercity.org/parksrec
 650 Shell Boulevard, Foster City CA 94404

- Hillsborough Recreation** **650-342-5439**
www.hillsboroughrecreation.com
2600 Ralston Avenue, Hillsborough CA 94010
- Millbrae Recreation Department** **650-259-2360**
www.ci.millbrae.ca.us/departments-services/recreation
477 Lincoln Circle, Millbrae CA 94030
- San Bruno Recreation Division** **650-616-7180**
www.sanbruno.ca.gov/431
618 San Mateo Avenue, San Bruno CA 94066
- San Carlos Parks and Recreation** **650-802-4382**
www.cityofsancarlos.org/government/departments/parks-and-recreation
601 Chestnut Street, San Carlos CA 94070
- San Mateo City Parks and Recreation** **650-522-7400**
www.cityofsanmateo.org/324
330 W 20th Avenue, San Mateo CA 94403

COAST

- Half Moon Bay Recreation Services** **650-726-8297**
www.half-moon-bay.ca.us/223
535 Kelly Avenue, Half Moon Bay CA 94019
- Pacifica Parks, Beaches and Recreation Department** **650-738-7378**
www.cityofpacifica.org/departments/parks-beaches-recreation
540 Crespi Drive, Pacifica CA 94044

SOUTH

- East Palo Alto Parks and Recreation** **650-853-3100**
www.cityofepa.org/parksrec
2415 University Avenue, East Palo Alto CA 94303
- Menlo Park Recreation** **650-330-2200**
www.menlopark.gov/recreation
701 Laurel Street, Menlo Park CA 94025
- Redwood City Parks, Recreation and Community Services** **650-780-7311**
www.redwoodcity.org/parks
1120 Roosevelt Avenue, Redwood City CA 94061
- Portola Valley Parks and Recreation** **650-851-1700 x200**
www.portolavalley.net/for-residents/parks-recreation
765 Portola Road, Portola Valley CA 94028
- Woodside Recreation** **650-851-6790**
www.woodsidetown.org/recreation
2955 Woodside Road, Woodside CA 94062

PUBLIC BENEFITS & ASSISTANCE

CalFresh 800-223-8383

www.smcgov.org/hsa/calfresh

A nutrition program that can help low-income individuals and families purchase healthy foods.

CalWORKS 800-223-8383

www.smcgov.org/hsa/calworks

Provides temporary cash assistance to low-income families with children, along with services to help parents find and keep a job.

Cash Assistance Program for Immigrants (CAPI) . . . 800-648-0954

www.smcgov.org/hsa/cash-assistance-program-immigrants

Provides cash assistance to aged, blind or disabled legal permanent residents and other qualified non-citizens who do not qualify for Supplemental Security Income (SSI) benefits solely due to their immigration status.

Medi-Cal 800-223-8383

www.smcgov.org/hsa/health-coverage

California's version of Medicaid. A public health care program for California residents with low income and resources.

General Assistance 800-223-8383

www.smcgov.org/hsa/general-assistance

Provides temporary financial support to eligible county residents who are not supported by their own means, other public funds, or assistance programs.

Human Services Agency 800-223-8383

www.smcgov.org/hsa

Helps individuals and families apply to public benefit programs.

*** Central Region – Belmont Office 650-802-6470**

400 Harbor Boulevard, Bldg. B, Belmont CA 94002

*** Southern Region – East Palo Alto Office 650-363-4175**

2415 University Avenue, East Palo Alto CA 94303

*** Southern Region – Redwood City Office 650-599-3811**

2500 Middlefield Road, Redwood City CA 94063

*** Northern Region – Daly City Office 650-301-8440**

271 92nd Street, Daly City CA 94015

*** North Region – South San Francisco Office 650-877-5608**

1487 Huntington Avenue, South San Francisco CA 94080

Refugee Cash Assistance (RCA) 800-223-8383

www.cdss.ca.gov/refugees

A cash assistance program for refugees who are not otherwise eligible for any other cash aid. Contact your local Human Services Agency.

Trafficking & Crime Victim Assistance Program (TCVAP) 800-223-8383

www.cdss.ca.gov/tcvap

A cash assistance program for non-citizen victims of crime who are obtaining legal humanitarian status or assisting in the prosecution of a crime. Contact your local Human Services Agency.

Women, Infants and Children Program (WIC) 650-573-2168

www.smchealth.org/wic

Offers supplemental food, nutrition and breastfeeding education to low-income women and their children age 0-5.

LIBRE 650-517-8936

www.thelibreproject.org

330 Twin Dolphin Drive, Suite 123, Redwood City CA 94065

Educates immigrant community about the different safety net services available, links immigrants to specific agencies that can assist with the enrollment process, and provides legal advice.

EveryoneOn 877-789-9889

www.everyoneon.org/find-offers-smc

A tool to help find the best low-cost internet service and computer offers to those who qualify.

Protecting Immigrant Families (PIF)

www.pifcoalition.org

Offers tools and resources to learn about the public charge rule.

SENIOR SERVICES

San Mateo County Aging and Adult Services 800-675-8437

www.smchealth.org/services-aging-and-adult

2000 Alameda de las Pulgas, Suite 200, San Mateo CA 94403

Services for older and dependent adults, including abuse prevention, public guardian and authority, in-home care, nutritious meals and more.

HART (Healthy Aging Response Team) 650-991-5558

www.dcpartnership.org/programs/healthy-aging-response-team

101 Lake Merced Blvd, Daly City CA 94015

Connects seniors 50 and over and disabled persons to services in the community.

Legal Aid Society of San Mateo County – Senior Advocates

Program 650-558-0915

www.legalaidsmc.org/senior-advocates-program

330 Twin Dolphin Drive, Suite 123, Redwood City CA 94065

Offers legal advice, advocacy and representation for residents age 60 and over.

One Life Counseling Services – Music & Memory . . . 650-394-5155

[www.onelifecounselingcenter.com/what-we-do/
community-based-programs/music-and-memory](http://www.onelifecounselingcenter.com/what-we-do/community-based-programs/music-and-memory)

1303 San Carlos Ave, San Carlos CA 94070

Peninsula Family Service – Older Adult Services 650-780-7542

www.peninsulafamilyservice.org/our-programs/older-adult-services/

24 Second Avenue, San Mateo CA 94401

Provides a resource hotline, transportation, mental health, peer counseling and technology training.

San Mateo Medical Center – Senior Care Center. 650-573-2426

www.smhealth.org/location/senior-care-center

222 W 39th Ave, First Floor, San Mateo CA 94403

Self-Help for the Elderly 650-342-0822

www.selfhelpelderly.org

50 East Fifth Avenue, San Mateo CA 94401

Offers a wide variety of services including health and home care, senior housing, activity centers, employment services, social services, nutrition services and more. Provides Chinese-language support.

Senior Coastsiders 650-726-9056

www.seniorcoastsiders.org

925 Main Street, Half Moon Bay CA 94019

Services include care management, classes & activities, nutrition programs, transportation and more.

TAXPAYER RESOURCES & OFFICIAL RECORDS**San Mateo County Assessor 650-363-4500**

www.smcare.org

555 County Center, 1st Floor, Redwood City CA 94063

Places a value on property in the county for tax purposes.

San Mateo County Clerk 650-363-4500

www.smcare.org

555 County Center, 1st Floor, Redwood City CA 94063

Issues copies of birth, death and marriage records. Official filing location for various legal documents.

San Mateo County Recorder 650-363-4500

www.smcare.org

555 County Center, 1st Floor, Redwood City CA 94063

Files and maintains all land transactions such as deeds and maps.

San Mateo County Tax Collector 866-220-0308

www.sanmateocountytaxcollector.org

555 County Center, 1st Floor, Redwood City CA 94063

Tax-Aid 415-229-9240

www.tax-aid.org

Free tax help for households earning less than \$60,000 per year.

United Way Bay Area 211

www.uwba.org/freetaxhelp

Free tax help for households who qualify, including assistance for clients with ITINs and CAA services.

Vital Statistics **650-573-2395**
www.smchealth.org/birth-death-certificates
225 37th Avenue, Room 11, San Mateo CA 94403
Maintains recent birth and death records for the county and issues copies of birth and death records.

TRANSPORTATION

511 SF Bay **511**
www.511.org
General information line about traffic and transit in the Bay Area.

Bay Area Rapid Transit (BART) **510-464-6000**
www.bart.gov
A train service that connects the Peninsula, San Francisco and the East Bay.

Caltrain **800-660-4287**
www.caltrain.com
A train service that connects San Francisco, the Peninsula and the South Bay.

Clipper **877-878-8883**
www.clippercard.com
Reloadable transit card for bus, rail, ferry and train.

Commute.org **650-588-8170**
www.commute.org
400 Oyster Point Blvd, Suite 409, South San Francisco CA 94080
Offers free shuttles and resources for ridesharing and other sustainable commute alternatives.

FasTrak **877-229-8655**
www.bayareafastrak.org
375 Beale St, San Francisco CA 94105
Pay Bay Area tolls and get electronic toll tags.

Get Around! Senior Rides Program **650-522-7490**
www.cityofsanmateo.org/3795/Get-Around-Senior-Rides-Program
2645 Alameda de las Pulgas, San Mateo CA 94403
Offers transportation for seniors (60+) in San Mateo.

Got Wheels by Peninsula Family Service **650-403-4300 x4329**
www.peninsulafamilyservice.org
Residents of Daly City, Colma, Brisbane, South San Francisco, San Bruno, Millbrae, Burlingame, Hillsborough, Half Moon Bay, Montara, Moss Beach and El Granada (age 70+) can schedule on-demand rides 24/7 for a low cost.

Peninsula Rides **800-660-4287 x4**
www.peninsularides.com
Provides information about transportation options to people with mobility challenges.

Redi-Wheels and RediCoast 650-366-4856

www.samtrans.com/accessibility/paratransit
Offers paratransit services to ADA-certified passengers who are unable to use fixed-route transit for some or all of the trip. Redi-Wheels serves the bay side of the county, while RediCoast serves the coastside.

SamTrans 800-660-4287

www.samtrans.com
Bus service in San Mateo County.

VETERAN SERVICES

County of San Mateo Veteran Services Office (CVSO)

. **650-802-6598**

www.smcgov.org/hsa/veterans-services-office
550 Quarry Road, San Carlos CA 94002
Helps veterans access state and federal benefits and represents veterans in the claims process. Provides information and referrals to a wide range of services including housing, employment, and training.

Nation's Finest 650-566-0240

www.nationsfinest.org/locations/menlo-park
795 Willow Road, Building 334, Menlo Park CA 94025
Supports America's military veterans and their families with a comprehensive approach to housing, health, and employment.

Palo Alto VA Medical Center – Menlo Park 650-614-9997

www.va.gov/health-care
795 Willow Road, Menlo Park CA 94025
Healthcare services for veterans.

Peninsula Vet Center 650-614-9825

www.va.gov/peninsula-vet-center
795 Willow Road, Building 324 Wing B, Menlo Park CA 94025
Offers confidential help including counseling for needs such as depression, post-traumatic stress disorder (PTSD), and the psychological effects of military sexual trauma.

VOTING RESOURCES

League of Women Voters of North & Central San Mateo

County 650-342-5853

https://my.lwv.org/california/north-central-san-mateo-county
444 Peninsula Avenue, Suite 1, San Mateo CA 94401
Encourages informed and active participation in government, and works to increase understanding of major public policy issues.

League of Women Voters of South San Mateo County

. **650-209-0747**

https://my.lwv.org/california/south-san-mateo-county
50 Woodside Plaza, Suite 735, Redwood City CA 94061
Encourages informed and active participation in government, and works to increase understanding of major public policy issues.

California Easy Voter Guide 916-442-7215

www.easyvoterguide.org

Easy to understand voter guide on California ballot measures published in multiple languages.

San Mateo County Elections 650-312-5222

www.smcvote.org

40 Tower Road, San Mateo CA 94402

County office that provides voter registration, elections information, and other assistance for San Mateo County voters.

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COUNTY OF SAN MATEO
OFFICE OF COMMUNITY AFFAIRS
IMMIGRANT SERVICES

www.SMCCommAffairs.org
ImmigrantServices@smcgov.org
650-363-1800
📍 @smc_commaffairs

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